

HIGH SCHOOL INTERSCHOLASTIC SPORTS 2019-2020

Varsity sports are predominantly for 11th & 12th grade students unless no JV team exists.

JV sports are predominantly for 9th & 10th grade students.

All Medical/Permission forms can be found on the Plainedge website. Click on the Parent tab and drop down to Health Services or HS Athletic Forms and Dates.

Fall Sports

*Football begins August 19

All other Fall sports begin August 26

All Medical/Permission forms due by August 8

HS Nurse is currently accepting medical forms as of June 24.

*Varsity & JV Football (1st practice 7:30am PHS)

Varsity & JV Boys Soccer (1st practice 9am PHS)

Varsity & JV Girls Soccer (1st practice TBD by coach)

Varsity & JV Girls Volleyball (1st practice TBD by coach)

Varsity Boys Volleyball (Gr 9-12) (1st practice TBD by coach)

Cross Country (Gr 9-12) (1st practice 7am PHS track)

Varsity Girls Tennis (Gr 9-12) (1st practice 7:30 am PHS)

Varsity Golf (Gr 9-12) (1st practice 9am PHS)

Varsity & JV Cheerleading (1st practice 8am Brian Moore Athletic Center)

Winter Sports

*Wrestling and Bowling begin November 12

All other Winter sports begin November 18

Varsity & JV Boys Basketball

Varsity & JV Girls Basketball

*Varsity Girls Bowling (Gr 9-12)

*Varsity Boys Bowling (Gr 9-12)

Varsity Boys & Girls Winter Track (Gr 9-12)

*Varsity & JV Wrestling

Varsity & JV Cheerleading

Spring Sports

*Boys Tennis begins March 16

All other Spring sports begin March 9

Varsity & JV Baseball

Varsity & JV Softball

Varsity & JV Boys Lacrosse

Varsity & JV Girls Lacrosse

Varsity Boys Track & Field (Gr 9-12)

Varsity Girls Track & Field (Gr 9-12)

*Varsity Boys Tennis (Gr 9-12)