

Classes for teens with special needs:

The K.I.S.S. Center at the Mid-Island Y JCC in conjunction with the JCCA's Compass Project are pleased to offer the following classes for teens with special needs:

SATURDAY NIGHT BOWLING CLUB Ages 10 and up Socialize and enjoy dinner while bowling on teams with your friends. Participants will be grouped by age and/or ability. Fees include bowling and shoe rental. Food and drinks may be purchased at snack bar. 2nd Saturday of the month from 6-8:30. Parent drop-off. KF08-BOWL Pre-registration required. Transportation not included. M \$80 NM \$110 10/11, 11/8, 12/13, 1/10.

OUR BODIES, OURSELVES Grades 7-12 A class for young women that addresses topics such as the intricacies of making friends, learning personal boundaries, decision making, fashion & beauty, exploring health issues such as hygiene & sexuality and developing self-esteem and confidence. Includes a healthy dinner. 10 weeks starting 9/23 Tues., 4:30-6 pm KF08-OB12 M \$170 NM \$223

OUR TIME Geared for young men, this class addresses topics such as the intricacies of making friends, learning personal boundaries, exploring health issues such as hygiene, exercise, healthy eating, sexuality, developing self esteem & confidence and talking with girls. Includes a healthy dinner. 10 weeks starting 9/23 Tues., 4:30-6 pm KF08-OT12 M \$170 NM \$223

For more information, please call Joanna Diamond at (516) 822-3535 x332.