

Winter Workshop Series 2009

For parents, educators and professionals working with individuals with

Autism Spectrum Disorders

January 20th Girl's Eye View: Facing Puberty with Girls with ASDs

7:00 - 9:00pm Shana Nichols, Ph.D. & Gina Marie Moravcik M.A.
CCC SLP

Little is known about the experiences of girls with ASDs, including the unique issues that face girls and their families as they enter adolescence. Using case examples and materials from our Girls Growing Up program, this workshop will focus on making puberty less daunting - it is never too early to be prepared. The workshop will also highlight areas of difficulty that girls might have and the set of educational and behavioral strategies that best meet girls unique learning needs. Participants will learn how to assist girls with ASDs navigate puberty in a manner appropriate for their developmental and cognitive level. This workshop will be the first in a series about girls with ASDs that will be offered throughout the year.

Shana and Gina will also be selling and signing copies of their new book Girls Growing Up on the Autism Spectrum

January 26th Taking the Hassle Out of Hygiene

7:00 - 9:00pm Samara Pulver Tetenbaum, M.A. & Laurie Perlis, Psy.D.

Youth with autism spectrum disorders (ASD) often have difficulty with hygiene and self care. Parents frequently are left to fight these battles on their own as hygiene routines most often take place in the home. Using case examples and materials from our own work, this workshop will focus on how to take the hassle out of hygiene. The workshop will also highlight the difficulties youth with ASDs have and how to tailor programming to best fit their unique needs. Participants will learn how to teach hygiene skills and develop appropriate behavior plans for hygiene difficulties dependent on developmental and cognitive level.

January 27 Semantic Pragmatic Language Disorders

9:00am -12:00pm Stacey Kanin, M.S. CCC SLP

Semantic Pragmatic Language disorder affects the areas of content (particularly meaning and intent) and use (otherwise known as pragmatic language) despite average to superior form (grammar, speech) or expressiveness. Children with deficits in semantics and pragmatics can have impairments in one or more areas of higher-order language skills including (but not limited to): figurative language, rules of social language, conversational skills, and presupposition or perspective taking. The workshop will provide participants with information about SPLD, including: strengths and weaknesses, the importance of accurate assessment and on-going treatment. This presentation will provide participants with realistic intervention strategies to be used in school, community, and home settings. Video segments of individuals with SPLD will be presented in order for participants to directly observe both intervention approaches.

January 27 Insight into the IEP and CSE process:

7:00 - 9:00pm Making it less complex

Susan Cuoccio, M.S.Ed & Bria
Valentino, M.S.Ed

Parents are an integral part of the CSE team and vital in the creation of the IEP. But what do all those letters mean? Individualized Education Programs (IEP;Çs) are mandated by federal law and are an essential part of the school experience of any child with a disability. Committees on Special Education (CSE;Çs) are the vehicles behind the creation, implementation, and appropriate revision of the IEP. The participation of parents in the IEP and CSE process helps to ensure that their child with a disability receives the appropriate education. This workshop will take parents through the parts of their child's IEP in order to help them understand the individual components that make up this document. This workshop will also review parents and students rights with regard to the IEP process and their role in the CSE. Parents are encouraged to bring a copy of their child's IEP in order to look at their own IEPs as each section of the document is being discussed.

February 2 Anger, Anxiety, and Other Emotions: How
Individual Therapy

7:00 - 9:00pm Can Help Verbal Youth and Teens with ASD

Shana Nichols, PhD., Laurie Perlis,
PsyD., & Samara Pulver Tetenbaum, M.A.

Youth with autism spectrum disorders (ASD) often experience social and emotional difficulties that may lead to significant mental health issues and behavioral dysregulation. Researchers and clinicians are only beginning to understand that cognitive behavioral therapy (CBT) can be an effective treatment to address these concerns for learners with autism spectrum disorders. Using case presentations and materials from our clinic CBT program, this workshop will focus on the key components of CBT and how they may be adapted for use with individuals with ASDs. Participants will develop a basic understanding of CBT, learn how to assess at what level to begin treatment with a client with ASD, and will learn how to modify cognitive behavioral therapy techniques to fit the individual learning needs of youth with ASDs

REGISTER EARLY! There are space limitations and spots fill quickly

Winter Workshop Series 2009

Please complete and mail/fax/phone in registration and payment to:

Georgia Reilly at the

Center for Autism and Developmental Disabilities

4300 Hempstead Turnpike

Bethpage, NY 11714

Phone: 516-802-8600

Fax: 516-802-8655

I will attend (please check):

Cost:

Workshop 1: Girls with Autism Spectrum Disorders
\$40

Workshop 2: Taking the Hassle Out of Hygiene
\$40

Workshop 3: Semantic Pragmatic Language Disorders
\$50

Workshop 4: Insight into the CSE and IEP Process
\$40

Workshop 5: Anger, Anxiety and Other Emotions
\$40

Registration in 3 workshops: take \$5.00 off the total cost.

Registration in 4 workshops: take \$10.00 off the total cost.

Registration in all 5 workshops: take \$15.00 off the total cost.

Total Cost: _____

Name: _____

I am a: Parent: _____ Teacher: _____ Other: (specify) _____

Address: _____

Phone: _____

Email: _____

To pay by credit card- Visa Master Card

Credit Card Number Expiration Date

Name as it appears on card

Signature

Fax to:

Attn: Georgia Reilly

516-802-8655