



Plainedgeschools.org October 1, 2025

A Message from Interim Superintendent of Schools-
Carol F. Muscarella

This past month has reminded me just how special the Plainedge School District truly is. From the moment I returned, I have been warmly welcomed by students, staff, families, and community members. The energy in our schools has been inspiring, hallways filled with excitement, classrooms buzzing with learning, and countless examples of our school of character- core values (L.E.A.D. FOR P.R.I.D.E.) happening every day.

I have seen firsthand the dedication of our teachers, the enthusiasm of our students, and the pride our families and community take in supporting one another. Whether it's through academic achievements, athletic accomplishments, artistic performances, or acts of kindness, Plainedge continues to demonstrate what makes our district such an incredible place to live and learn.

Mark your calendars- our Plainedge High School Homecoming game is Friday, October 17! Let's come together to celebrate our students, show our school spirit, and cheer on our team. I look forward to seeing our community fill the stands and make it a night to remember!

Sincerely,
Carol F. Muscarella
Interim Superintendent of Schools



Fall Adult Education Sessions

The Plainedge Adult Continuing Education fall program is open for

registration! Looking to learn something new this fall? Whether you're brushing up on skills, exploring a hobby, or just trying something fun, Plainedge Adult Education has a class for you! [Click here to register](#) or visit bit.ly/FallAdultEducation2025

Wide variety of courses

Flexible evening schedules

Open to all adults in the community



Plainedge High School Warm Welcome

Plainedge High School Student Council, grades 9–12, welcomed everyone back for the first day of school. A huge thank you to our Student Council for creating inspiring and cheerful messages to greet students as they walk into the building tomorrow! What a wonderful way to kick off a brand-new school year!



All-State NYSMMA 2025

Congratulations to the outstanding Plainedge High School students who have been

selected to perform in the NYSSMA All-State Ensembles this December in Rochester, NY! Thousands of students from across New York auditioned last spring, and we couldn't be prouder of their hard work, dedication, and talent.

Congratulations:

Alessandra Macchia-Barba – Alternate, Flute

Daniel Lee – Alternate, Alto Saxophone & Alternate, Baritone Saxophone

Hayley Eng – String Orchestra, Violin (Part 2)

Jessica Kanyaro – Symphony Orchestra, Bass Clarinet



National Merit Scholar

Congratulations to Francisco Martinez on being named a Semifinalist in the 2026 National Merit® Scholarship Program! This prestigious recognition is awarded to less than one percent of high school seniors nationwide, making it a truly remarkable achievement. Francisco earned this honor through his outstanding performance on the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), reflecting his exceptional academic talent and dedication.



Dot Day

A little dot can spark big ideas! Plainedge Elementary Schools celebrated International Dot Day and its message of creativity, courage, and community through unique experiences in each grade level.





National Merit Commendations

Congratulations to Plainedge High School students Khloe Hong and Anthony Pravata on earning National Merit Commendations! This prestigious recognition is awarded by the National Merit Scholarship Corporation (NMSC) to students who achieve exceptional scores on the PSAT/NMSQT. Commended Students, who rank among the top 2–3% of all test-takers nationwide, receive a Letter of Commendation in honor of their academic excellence.

Plainedge High School Principal, Lauren Iocco, PHS Guidance Counselors Michael Cipriano and Joseph Como, Interim Superintendent Carol Muscarella, along with the rest of the Plainedge community, are proud to celebrate this outstanding achievement and the hard work of these remarkable students.



News Day Top 100 Athletes

Congratulations to Allison Younghans, Savannah Speicher, Ava Nitsch, Michela Netto, Dylan Fella, and Jaxson Torres on being recognized as part of Newsday's Top 100 Long Island Athletes in their respective sports for 2025!









Plainedge Fitness Center

The Plainedge Fitness Center Hours are Monday – Thursday (6:00 PM - 10:00 PM) Saturday & Sunday – (8:00 AM -12:00 PM) for our community members. There are strength/cardio machines, Echelon Mirrors, dumbbells, kettlebells, and resistance bands that you can use.

Have you signed up for your free membership? [Click here to learn more!](#)

[Click here](#) to follow the Plainedge Fitness Center Instagram Account!

PLAINEDGE FITNESS CENTER
SCAN THE QR CODE TO SIGN UP TODAY!



**HAVE YOU SIGNED UP FOR
YOUR FREE GYM MEMBERSHIP YET?**
QUESTIONS? EMAIL: FITNESS.CENTER@PLAINEDGESCHOOLS.ORG

FREE MEMBERSHIP FOR PLAINEDGE RESIDENTS



PLAINEDGE FITNESS CENTER

Cardio/Strength Training-
This gym session combines the best of both worlds: cardio to boost your heart rate and burn calories, and strength training to build muscle and improve endurance. This session allows you access to our cardio equipment: Treadmills, Stationary Bicycles, Stairmasters, Rowing Machines and Ellipticals, as well as our strength training circuit.

Echelon Mirrors-
This will allow you to select a workout from a library of offerings. Fitness metrics like heart rate, calories burned, and workout progress will be tracked during your session. The interactive mirror incorporates a touchscreen display that allows users to interact directly with the interface.



QUESTIONS? EMAIL: fitness.center@plainedgeschools.org



Welcome Back Class of 1975

Welcome back Plainedge High School Class of 1975 for a special guided tour of Plainedge High School! It was a heartwarming day full of memories, laughter, and stories as past met present in the halls they once called home.





New York State Free Breakfast

Plainedge Public Schools is proud to announce that we are participating in the New York State Free Breakfast and Lunch Programs. This means that all Plainedge students are eligible to receive both breakfast and lunch at no cost throughout the school year. Breakfast will be offered as a convenient “Grab and Go” model. As students enter school, building staff will guide those interested to the cafeteria to pick up their breakfast before heading directly to class. Lunch will continue to be served daily in the cafeteria, now free for all students. We are excited to begin another amazing school year together, ensuring that every child has the nourishment needed to learn, grow, and thrive.

[Click here to view our school lunch menus](#)

FREE Breakfast & Lunch

Fast

Convenient

Always Free



Plainedge Public School Students can pick up breakfast and lunch items with our Grab & Go program
VISIT www.plainedgeschools.org/parents/school-lunch/
to view monthly menus

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